



SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

Bulgaria, Sofia 1142
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CEREBRAL PALSY PROGRAM

Complex rehabilitation for the treatment of cerebral palsy

Place of implementation - SHR-NC, branch in MOMIN PROHOD

The main characteristic of this division is the mineral water – its is hyperthermal – 64°C, low-mineralized – (0,960 mg/l), sulfate-sodium, radon containing, slightly alkaline pH – 7,7, limpid, colorless, odorless with nice taste.

The Momin Prohod division is specialized in the treatment of:

- Locomotor system diseases;
- Late consequences of poliomyelitis;
- Central nervous system disorders

Target groups:

- The SHR's periatric department is treating children aged from 1 to 18 suffering from CP. The cerebral palsy is a nonprogressive condition affecting the immature brain, caused during the prenatal development of the fetus, the delivery or within 30 days after it, which is damaging the motor skills – the body posture and coordination of the movements, cognitive-communicative skills – speech, intellect, fine motor skills, perceptions, behavior; sometimes combined with damaged vision and audition and seizure disorders.

Methods:

The rehabilitation program includes:

- **Diagnostic procedures**
- **Conducting complex rehabilitation, including** specialized kinesitherapeutic techniques (**Kabat, Bobath, Voyta** etc.), MM practices, muscle and tendon stretching, **thermal procedures, electrostimulation, medication;**
- **Sessions with psychologist and speech therapist;**
- **Team discussion** – the treating physician in cooperation with rehab therapist, psychologist, speech therapist and a nurse are discussing the complex condition of the patient and establishing an overall strategy of proceeding with respect to the objectives, the means and the necessity of further examinations, consultations with other specialists and surgical treatment;
- **Specialized rehabilitation, education and social integration.**

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If you have questions or wish to be consulted, don't hesitate to contact us!
We will offer you the most favorable conditions and prices!





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Hospitalization at the department:

The admission is scheduled in advance through Clinical Pathway № 240 or open admission. The children are admitted with an accompanying person.

Required documentation:

- Previous medical reports and examinations;
- Expert report of a Triple Medical Expert Commission (if any);
- Protozoa and helminthes test findings, microbiological tests for Schigella, Salmonella and E. Coli bacteria (as required by the Regional Inspectorate for Public Health Prevention and Control);
- Immunization passport or record – resolution for exemption from immunizations, medical certificate by the GP verifying that the patient is free of communicable diseases.

