



## SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

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### PROGRAM

#### *Complex rehabilitation for the treatment of* GYNECOLOGICAL DISEASES AND STERILITY

##### **Place of implementation - SHR-NC, branch in Pomorie**

The main characteristic of this division is the healing liman mud from the bottom of the Pomorie lake. It is rich in hydrogen sulfide, magnesium, chlorides, calcium, potassium, sodium, iron compounds, hormones etc. The effect of the liman mud on gynecological diseases is anti-inflammatory, stimulating the recanalisation of the uterine tubes, stimulating the sex glands, ovulation and estrogen production; improving the vaginal purity. All this facilitates the recovery of the female conceptive capacity.

##### **The Pomorie division is specialized in the treatment of:**

###### **Any types of external sex organ diseases**

- Vaginal inflammatory diseases;
- **Inflammatory processes in the internal sex organs;**
- Inflammatory changes in the uterus – metritis;
- Inflammatory changes around the uterus – parametritis;
- Inflammation of the Fallopian tubes – salpingitis leading to their obstruction;
- Inflammation of the ovaries – oophoritis

**Hormonal disorders of the ovaries:** irregular, sparse, painful monthly periods; infertility factor;

##### **Methods:**

- Vaginal mud tampon
- Mud application on the body (coverall) at a temperature of 38-42°C for 15-20 minutes
- 12-15 procedures per one therapeutic course;
- vaginal douche with lake lye at a temperature of 38-40 degrees centigrade

Preformed physical factors are also applied in the complex.

The efficiency of the mud therapy in gynecological conditions depends on the stage of the disease at which the treatment is starting, on the patient's age and the mud therapy





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method. The percentage of conceiving women after a course of mud therapy with the mud from Pomorie is 28%. The immediate therapeutic results in chronic inflammatory gynecological diseases apart from sterility are 90% improvement of the gynecological status.

### **Required documentation:**

- Clinical and paraclinical examinations

